



BIO BLING

Instructions

Scan this QR code with your phone's camera to see the video instructions:



Important information

- This kit is for collecting and sending healthy human biological material to BioBling LLC for the creation of Cellstones™ and personalized jewelry.
- After we receive the samples, the process takes 2–3 weeks.
- Use the kit within 1–3 days of receiving it, and mail the sample as soon as possible.
- Do not ingest any contents of the kit, and keep it out of reach of children.

With this kit, hairs with roots are collected by epilation (pulling out hair). While epilation and waxing are very common, be aware that

1. Epilation may cause pinpoint bleeding and redness of the skin, which is normal. Please first consult your medical doctor if you have an immune system or blood coagulation disorder.

2. Similar to shaving, epilation may sometimes cause ingrown hairs when the hair regrows. This could cause an inflamed red, itchy/painful bump. Please consult your medical doctor if it does not improve after a week or when it becomes very severe.

1

This kit includes: (1) instructions, (2) pre-paid return envelope, (3) collection tube with red liquid, (4) brushes, (5) non-alcohol disinfectant, (6) M&X gloves, and (7) optional TTX numbing cream.

Please read all the steps first before starting.

Scan QR code for video-instructions:



2

Select an area where you can pull 50 hairs with root.

Facial (nose only), leg (ankles only), and pubic and scalp areas (both) are usually the best. Pull a few test hairs to check for roots (see step 3). You may need to pull several before finding one with a root; try another area if needed. Discard test hairs.

The leg is used as an example for these instructions.



3

(Only included when bought during ordering)

To reduce discomfort, apply a thick layer of optional TTX numbing cream to the chosen area.

Let it sit for 15–45 minutes, depending on the desired effect.

Afterward, wipe it off with tissue or cloth.

- Only use the cream externally on skin.
- Do not use when attempting to conceive, pregnant, or breastfeeding.
- If unsure, test a small amount the day before to sub-out allergic reactions.
- Call your doctor in case of a severe allergic reaction.



4

Wash the selected area well with soap and water before step 3.

Dry the area with a clean towel.



5

- Put on the best-fitting gloves and disinfect them with the disinfectant spray.
- Rub the skin area with the wet gloves and spray twice to cover the skin properly.
- Spray the tweezer and rub it with your gloves.

If the hair is long, disinfect some scissors too. Avoid touching anything non-disinfected or disinfect again. Do not disinfect the tube or liquid.

Make sure everything has dried before pulling.



6

Choose a stable, clean surface and place a clean tissue on it.

Remove the collection tube from its bag (keep with absorbent pad) and place it on the tissue, along with the tweezers.

Open the tube and place the cap on the tissue. Make sure nothing falls into the tube, such as dust, droplets from sneezing or spraying, or any other debris.



7

Hold the tweezer in one hand and use the other to stabilize the skin.

Grab a hair close to the skin, hold the tweezer firmly over the tip and pull gently. If hairs break, pull in the direction of hair growth or hold closer to the tweezer tip for better holding grip.

If you cannot get hairs with roots as in the good examples, consider using another location (see step 2).



Very Important!
Examples:



8

Only collect hairs with roots and discard others on the tissue.

Hairs should be no longer than ~1.5 cm/0.5 inch, otherwise trim them with disinfected scissors.

Stick the hairs directly inside the tube below the screw thread against the plastic or directly in the liquid. Do not touch the liquid with the tweezers. Carefully reposition any hair that sticks out above the tube's edge.

Collect at least 30 good hairs with root per tube (max 80).



10

We recommend taking the envelope to your nearest Deutsche Post or DHL branch as soon as possible.

Avoid using outdoor mailboxes or packing stations, as outside temperatures could damage the hairs.

If no other choice, ensure it becomes not below 18°C/64°F or above 37°C/98.6°F outside.



9

When finished, ensure no hairs are sticking out of the tube. If needed, push them down or reposition with the tweezers, never touching the hair roots directly.

Screw the cap on **lightly** and place the tube in the small ziplock bag, including the absorbent pad.

Flip the tube upside down until most hairs are collected in the liquid.

Finally, place the tube in the pre-paid return envelope and seal it securely.

